



# ABOUT ME

My name is Kirsty, I am in my mid thirties and I am an English female living in Scotland.

I started my blog back in January 2015 to tell people about my weight loss story and to hopefully support others on their journey too.

When I am not writing for my blog I am a full time self employed Graphic/Web Designer, so my blog is all of my own work.

I write for my blog 2 or 3 times a week and I do not accept guest posts. Everything you see has been written by myself.

#### BLOG STATS Average - Unique Views

**DAILY:** 30,000 Views

MONTHLY: 900,000 Views

SUBSCRIBERS: 53,000

Number 1 Slimming World Blog On Google Search Engine.

### SOCIAL MEDIA STATS



3,000 Followers



36,000 Followers



17,000 Members



4,000 Followers



30,000 Followers

## WHAT CAN I DO FOR YOU?

- Product Reviews Giveaways/Competitions Advertising -
  - Brand/Product Affiliation Social Media Promotion -

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